

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Dogwood,
Trillium &
Primrose**

<p>1</p> <p>9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 1:30 Sikh Social 1:30 Noodle Hockey 3:00 Ladies Tea Social 3:00 Restorative Walking 6:30 Table Games</p>	<p>2</p> <p>9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Java Music Club 1:30 Crafts 3:00 Restorative Walking 6:30 Comedy Hour</p>	<p>3</p> <p>9:30 Morning Exercise 10:30 Good News 11:00 Friendly Visits 1:30 Christmas Bazaar Group 1:30 Active Game 3:00 Restorative Walking 6:30 Bingo</p>	<p>4</p> <p>9:30 Morning Exercise 10:30 Good News 11:00 Friendly Visits 1:30 Christmas Bazaar Group 1:30 Active Game 3:00 Restorative Walking 6:30 Bingo</p>	<p>5</p> <p>9:30 Morning Exercise 10:00 Word Games 11:00 Friendly Visits 1:30 Men's Club 1:30 Ball Toss 3:00 Restorative Walking 6:30 Time-Tales</p> <p style="text-align: center;">Sukkot</p>	<p>6</p> <p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 2:00 Friday Pub Social with Kenny B 3:30 Restorative Walking 6:00 Evening News 6:30 Board Games</p>	<p>7</p> <p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>
<p>8</p> <p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa</p>	<p>9</p> <p>9:30 Morning Exercise 10:00 Thanksgiving Trivia 11:00 Friendly Visits 2:00 Thanksgiving Social 3:00 Restorative Walking 6:30 Table Games</p> <p style="text-align: center;">Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>10</p> <p>9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Java Music Club 1:30 Hot Apple Cider Social 3:00 Restorative Walking 6:30 Comedy Hour</p>	<p>11</p> <p>9:30 Morning Exercise 10:30 Good News 11:00 Friendly Visits 1:30 Christmas Bazaar Group 1:30 Active Game 3:00 Restorative Walking 6:30 Bingo</p>	<p>12</p> <p>9:30 Morning Exercise 10:00 Word Games 11:00 Friendly Visits 1:30 Men's Club 1:30 Ball Toss 3:00 Restorative Walking 6:30 Time-Tales</p>	<p>13</p> <p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 2:00 Friday Pub Social with Pete M 3:30 Restorative Walking 6:00 Evening News 6:30 Board Games</p>	<p>14</p> <p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>
<p>15</p> <p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa 9:00-12:00 Coffee Break</p>	<p>16</p> <p>9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 1:30 Sikh Social 1:30 Noodle Hockey 3:00 Ladies Tea Social 3:00 Restorative Walking 6:30 Table Games 9:00-12:00 Coffee Break</p>	<p>17</p> <p>9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Java Music Club 1:30 Crafts 3:00 Restorative Walking 6:30 Comedy Hour</p>	<p>18</p> <p>9:30 Morning Exercise 10:30 Good News 11:00 Friendly Visits 1:30 Christmas Bazaar Group 1:30 Active Game 3:00 Restorative Walking 6:30 Bingo</p>	<p>19</p> <p>9:30 Morning Exercise 10:00 Word Games 12:00 Diwali Celebration 3:00 Restorative Walking 6:30 Time-Tales</p>	<p>20</p> <p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 2:00 Friday Pub Social 3:30 Restorative Walking 6:00 Evening News 6:30 Board Games</p>	<p>21</p> <p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>
<p>22</p> <p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa</p>	<p>23</p> <p>9:30 Morning Exercise 11:00 Friendly Visits 1:30 Sikh Social 1:30 Noodle Hockey 3:00 Ladies Tea Social 3:00 Restorative Walking 6:30 Table Games 10:00 Scenic Drive</p>	<p>24</p> <p>9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Java Music Club 1:30 Pumpkin Carving Contest 3:00 Restorative Walking 6:30 Comedy Hour</p>	<p>25</p> <p>9:30 Morning Exercise 10:30 Good News 11:00 Friendly Visits 1:30 Christmas Bazaar Group 1:30 Active Game 3:00 Restorative Walking 6:30 Bingo</p>	<p>26</p> <p>9:30 Morning Exercise 10:00 Word Games 11:00 Friendly Visits 2:00 October Birthday Social with John P 3:00 Restorative Walking 6:30 Time-Tales</p>	<p>27</p> <p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 2:00 Friday Pub Social 3:30 Restorative Walking 6:00 Evening News 6:30 Board Games</p>	<p>28</p> <p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>
<p>29</p> <p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa</p>	<p>30</p> <p>9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 2:00 Halloween Choir Performance 3:00 Restorative Walking 6:30 Table Games</p>	<p>31</p> <p>9:30 Morning Exercise 10:00 Good News 11:00 Church Service 2:00 Halloween party with Peter 3:00 Restorative Walking 6:30 Comedy Hour</p> <p style="text-align: center;">Halloween</p>	<p>October 2017 Recreation Calendar</p>			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Camellia Court

1 9:30 Morning Exercise 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long	2 9:30 Morning Exercise 10:15 Church Service 1:00 Active Game 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Table Games	3 9:30 Morning Exercise 10:30 Music with Jeff 1:00 Ball Toss 1:30 Social Hour 3:00 Walking Club 6:15 Evening Spa	4 9:30 Morning Exercise 10:30 Sing-a-long 1:00 Sensory Baking 1:30 Helping Hands 3:00 Walking Club 6:15 Table Games	5 9:30 Morning Exercise 10:30 Table Games 1:00 Friday Social 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Sing-along	6 9:30 Morning Exercise 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical
8 9:30 Morning Exercise 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	9 9:30 Morning Exercise 10:30 Ball Toss 2:00 Thanksgiving Social 3:00 Table Games 6:15 Sing-a-long <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10 9:30 Morning Exercise 10:15 Church Service 1:00 Active Game 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Table Games	11 9:30 Morning Exercise 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa	12 9:30 Morning Exercise 10:30 Sing-a-long 1:00 Sensory Baking 1:30 Helping Hands 3:00 Walking Club 6:15 Table Games	13 9:30 Morning Exercise 10:30 Table Games 1:00 Friday Social 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Sing-along
15 9:30 Morning Exercise 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	16 9:30 Morning Exercise 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long	17 9:30 Morning Exercise 10:15 Church Service 1:00 Active Game 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Table Games	18 9:30 Morning Exercise 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa	19 9:30 Morning Exercise 10:30 Sing-a-long 1:00 Sensory Baking 1:30 Helping Hands 3:00 Walking Club 6:15 Table Games	20 9:30 Morning Exercise 10:30 Table Games 1:00 Friday Social 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Sing-along
22 9:30 Morning Exercise 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	23 9:30 Morning Exercise 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long	24 9:30 Morning Exercise 10:15 Church Service 1:00 Active Game 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Table Games	25 9:30 Morning Exercise 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa	26 9:30 Morning Exercise 10:30 Sing-a-long 1:00 Sensory Baking 1:30 October Birthday Social 3:00 Walking Club 6:15 Table Games	27 9:30 Morning Exercise 10:30 Table Games 1:00 Friday Social 1:30 Snoezelan Therapy 3:00 Walking Club 6:15 Sing-along
29 9:30 Morning Exercise 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	30 9:30 Morning Exercise 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long	31 9:30 Morning Exercise 10:15 Church Service 1:30 Halloween Party with Peter T 3:00 Snoezelan Therapy 6:15 Table Games <small>Halloween</small>	<h2 style="text-align: center;">October 2017 Recreation Calendar</h2>		

Sukkot