

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# June 2017

## Northcrest Care Centre

					<b>1</b>	<b>2</b>	<b>3</b>						
						9:30 Morning Exercise <b>10:30 Sing-a-long with Kenny B</b> 1:30 Restorative Walking 1:30 Garden Care 3:00 Friday Pub Social 6:15 News Discussion 7:00 Board Games	9:30 Morning Exercise 10:00 Tzu Chi 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Bingo 3:00 Patio Social 6:15 Movie & Popcorn						
9:30 Morning Exercise 10:30 Sunday News 11:00 Ball Toss 1:30 Restorative Walking 2:00 Church Service 3:00 Sikh Social 6:15 Evening News 7:00 Table Games	<b>4</b>	9:30 Morning Exercise 10:00 Mental Aerobics <b>11:00 Resident Council Meeting</b> 1:30 Restorative Walking 1:30 Garden Care 3:00 Ladies Tea Social 6:15 Board Games 7:00 Evening Spa	<b>5</b>	9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:15 Violin Performance 7:00 Table Games	<b>6</b>	9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Restorative Walking 1:30 Patio Social 3:00 Garden Care 6:15 Outdoor Walks 7:00 Evening Spa	<b>7</b>	9:30 Morning Exercise 10:00 Horse Racing Game 11:00 Word Games 1:30 Restorative Walking 1:30 Sing-a-long 3:00 Ice-cream Cart 6:15 Time-Tales 7:00 Men's Club	<b>8</b>	9:30 Morning Exercise 10:00 Sing-a-long 11:00 Trivia 1:30 Restorative Walking <b>2:00 Friday Pub Social with Mike K.</b> 6:15 News Discussion 7:00 Board Games	<b>9</b>	9:30 Morning Exercise 10:00 Tzu Chi 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Bingo 3:00 Patio Social 6:15 Movie & Popcorn	<b>10</b>
9:30 Morning Exercise 10:30 Sunday News 11:00 Ball Toss 1:30 Restorative Walking 2:00 Church Service 3:00 Sikh Social 6:15 Evening News 7:00 Table Games	<b>11</b>	9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 1:30 Restorative Walking 1:30 Garden Care 3:00 Ladies Tea Social 6:15 Board Games 7:00 Evening Spa	<b>12</b>	9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:15 Violin Performance 7:00 Table Games	<b>13</b>	9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Restorative Walking <b>2:00 Happy Hour with Mark W</b> 3:30 Garden Care 6:15 Outdoor Walks 7:00 Evening Spa	<b>14</b>	9:30 Morning Exercise 10:00 Horse Racing Game 11:00 Word Games 1:30 Restorative Walking 1:30 Sing-a-long 3:00 Ice-cream Cart 6:15 Time-Tales 7:00 Men's Club	<b>15</b>	9:30 Morning Exercise 10:00 Sing-a-long 11:00 Trivia <b>12:30 Pizza Luncheon</b> 1:30 Garden Care 3:00 Friday Pub Social 6:15 News Discussion 7:00 Board Games	<b>16</b>	9:30 Morning Exercise 10:00 Tzu Chi 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Bingo 3:00 Patio Social 6:15 Movie & Popcorn	<b>17</b>
9:30 Morning Exercise 10:30 Sunday News 11:00 Ball Toss 1:30 Restorative Walking <b>2:00 Fathers Day Patio Social with Kenny B</b> 3:00 Sikh Social 6:15 Evening News 7:00 Table Games <small>Father's Day</small>	<b>18</b>	9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 1:30 Restorative Walking 1:30 Garden Care 3:00 Ladies Tea Social 6:15 Board Games 7:00 Evening Spa	<b>19</b>	9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:15 Evening News 7:00 Table Games	<b>20</b>	9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Restorative Walking <b>1:30 First Day of Summer Party</b> 3:00 Garden Care 6:15 Outdoor Walks 7:00 Evening Spa <small>Summer Begins</small>	<b>21</b>	9:30 Morning Exercise 10:00 Horse Racing Game 11:00 Word Games 1:30 Restorative Walking 1:30 Sing-a-long 3:00 Ice-cream Cart 6:15 Time-Tales 7:00 Men's Club	<b>22</b>	9:30 Morning Exercise 10:00 Sing-a-long 11:00 Trivia 1:30 Restorative Walking 1:30 Garden Care 3:00 Friday Pub Social 6:15 News Discussion 7:00 Board Games	<b>23</b>	9:30 Morning Exercise 10:00 Tzu Chi 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Bingo 3:00 Patio Social 6:15 Movie & Popcorn	<b>24</b>
9:30 Morning Exercise 10:30 Sunday News 11:00 Ball Toss 1:30 Restorative Walking 2:00 Church Service 3:00 Sikh Social 6:15 Evening News 7:00 Table Games	<b>25</b>	9:30 Morning Exercise 10:00 Mental Aerobics <b>11:00 St. Cuthbert's Church Tea Social</b> 1:30 Restorative Walking 1:30 Garden Care 3:00 Ladies Tea Social 6:15 Board Games 7:00 Evening Spa	<b>26</b>	9:30 Morning Exercise 10:00 Good News 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:15 Evening News 7:00 Table Games	<b>27</b>	9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Restorative Walking 1:30 Patio Social 3:00 Garden Care 6:15 Outdoor Walks 7:00 Evening Spa	<b>28</b>	9:30 Morning Exercise 10:00 Horse Racing Game 11:00 Word Games <b>2:00 June Birthday Party with Allen B</b> 3:00 Ice-cream Cart 6:15 Time-Tales 7:00 Men's Club	<b>29</b>	9:30 Morning Exercise 10:00 Sing-a-long 11:00 Trivia 1:30 Restorative Walking 1:30 Garden Care 3:00 Friday Pub Social 6:15 News Discussion 7:00 Board Games	<b>30</b>	<h2 style="font-size: 2em;">Primrose, Dogwood &amp; Trillium</h2>	

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# June 2017

## Northcrest Care Centre

				9:30 Morning Exercise 10:30 Sing-a-long 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games	9:30 Morning Exercise 2 10:30 Table Games 1:00 Sing-a-long 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along	9:30 Morning Exercise 3 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Garden Care 3:00 Patio Social 6:15 Evening Spa & Musical
9:30 Morning Exercise 4 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	9:30 Morning Exercise 5 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Garden Care 6:15 Sing-a-long	9:30 Morning Exercise 6 10:15 Church Service 1:00 Ball Toss 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games	9:30 Morning Exercise 7 10:30 Music with Jeff 1:00 Ball Toss 3:00 Social Hour 6:15 Evening Spa	9:30 Morning Exercise 8 10:30 Sing-a-long 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games	9:30 Morning Exercise 9 10:30 Table Games 1:00 Sing-a-long 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along	9:30 Morning Exercise 10 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Garden Care 3:00 Patio Social 6:15 Evening Spa & Musical
9:30 Morning Exercise 11 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	9:30 Morning Exercise 12 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Garden Care 6:15 Sing-a-long	9:30 Morning Exercise 13 10:15 Church Service 1:00 Ball Toss 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games	9:30 Morning Exercise 14 10:30 Music with Jeff 1:00 Ball Toss 3:00 Social Hour 6:15 Evening Spa  <small>Flag Day (US)</small>	9:30 Morning Exercise 15 10:30 Sing-a-long 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games	9:30 Morning Exercise 16 10:30 Table Games 1:00 Sing-a-long 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along	9:30 Morning Exercise 17 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Garden Care 3:00 Patio Social 6:15 Evening Spa & Musical
9:30 Morning Exercise 18 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games  <small>Father's Day</small>	9:30 Morning Exercise 19 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Garden Care 6:15 Sing-a-long	9:30 Morning Exercise 20 10:15 Church Service 1:00 Ball Toss 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games	9:30 Morning Exercise 21 10:30 Music with Jeff 1:00 Ball Toss 3:00 Social Hour 6:15 Evening Spa  <small>Summer Begins</small>	9:30 Morning Exercise 22 10:30 Sing-a-long 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games	9:30 Morning Exercise 23 10:30 Table Games 1:00 Sing-a-long 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along	9:30 Morning Exercise 24 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Garden Care 3:00 Patio Social 6:15 Evening Spa & Musical
9:30 Morning Exercise 25 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games	9:30 Morning Exercise 26 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Garden Care 6:15 Sing-a-long	9:30 Morning Exercise 27 10:15 Church Service 1:00 Ball Toss 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games	9:30 Morning Exercise 28 10:30 Music with Jeff 1:00 Ball Toss 3:00 Social Hour 6:15 Evening Spa	9:30 Morning Exercise 29 10:30 Sing-a-long 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games	9:30 Morning Exercise 30 10:30 Table Games 1:00 Sing-a-long 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along	<b>Camellia Court</b>