

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2017

Northcrest Care Centre

Dogwood, Trillium & Primrose

							<p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 1:30 Restorative Walking 2:00 Friday Pub Social 3:30 Garden Care 6:30 Board Games 7:00</p>	1	<p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>	2			
<p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa</p>	3	<p>9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 2:00 Labor Day Social with Mark 3:30 Restorative Walking 6:30 Table Games <small>Labor Day</small></p>	4	<p>9:30 Morning Exercise 10:00 Resident Council Meeting 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:30 Comedy Hour</p>	5	<p>9:30 Morning Exercise 10:30 Active Game 11:00 Friendly Visits 1:30 Christmas Bazaar Group 1:30 Restorative Walking 3:00 Garden Care 6:30 Bingo</p>	6	<p>9:30 Morning Exercise 10:00 Word Games 11:00 Friendly Visits 1:30 Restorative Walking 1:30 Ball Toss 3:00 Men's Club 6:30 Time-Tales</p>	7	<p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 2:00 Friday Pub Social with Kenny 3:30 Restorative Walking 6:30 Board Games 7:00 Evening News</p>	8	<p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>	9
<p>9:30 Morning Exercise 10:30 Sunday News 12:00 Resident BBQ 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa <small>Grandparents Day</small></p>	10	<p>9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 1:30 Restorative Walking 3:00 Ladies Tea Social 3:00 Sikh Social 6:30 Tables Games</p>	11	<p>9:30 Morning Exercise 10:00 Volunteer Sikh Prayer 10:30 Good News 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:30 Comedy Hour</p>	12	<p>9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Active Game 1:30 Restorative Walking 3:00 Garden Care 6:30 Bingo</p>	13	<p>9:30 Morning Exercise 10:00 Horse Racing Game 11:00 Friendly Visits 2:00 September Birthday Social with Peter 3:30 Restorative Walking 6:30 Time-Tales</p>	14	<p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 1:30 Restorative Walking 2:00 Friday Pub Social 3:30 Garden Care 6:30 Board Games 7:00 Evening News</p>	15	<p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>	16
<p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa</p>	17	<p>9:30 Morning Exercise 10:00 Scenic Drive 11:00 Friendly Visits 1:30 Restorative Walking 3:00 Ladies Tea Social 3:00 Sikh Social 6:30 Table Games</p>	18	<p>9:30 Morning Exercise 10:00 Volunteer Sikh Prayer 10:30 Good News 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:30 Comedy Hour</p>	19	<p>9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Active Game 1:30 Restorative Walking 3:00 Garden Care 6:30 Bingo</p>	20	<p>9:30 Morning Exercise 10:00 Word Games 11:00 Friendly Visits 1:30 Restorative Walking 1:30 Ball Toss 3:00 Men's Club 6:30 Time-Tales <small>Rosh Hashanah</small></p>	21	<p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 1:30 Restorative Walking 2:00 Friday Pub Social 5:00 Take-Out & Movie 7:00 Evening News <small>Autumn Begins</small></p>	22	<p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn</p>	23
<p>9:30 Morning Exercise 10:30 Sunday News 11:00 Friendly Visits 1:30 Restorative Walking 2:00 Church Service 3:00 Reminiscing Social 6:30 Evening Spa</p>	24	<p>9:30 Morning Exercise 10:00 Mental Aerobics 11:00 Friendly Visits 1:30 Restorative Walking 3:00 Ladies Tea Social 3:00 Sikh Social 6:30 Tables Games</p>	25	<p>9:30 Morning Exercise 10:00 Temple Outing 11:00 Church Service 1:30 Restorative Walking 1:30 Active Game 3:00 Java Music Club 6:30 Comedy Hour</p>	26	<p>9:30 Morning Exercise 10:30 Mystery Bag 11:00 Friendly Visits 1:30 Active Game 1:30 Restorative Walking 3:00 Garden Care 6:30 Bingo</p>	27	<p>9:30 Morning Exercise 10:00 Horse Racing Game 11:00 Friendly Visits 2:00 Memorial Service 3:30 Restorative Walking 6:30 Time-Tales</p>	28	<p>9:30 Morning Exercise 10:00 Trivia 11:00 Sing-a-long 1:30 Restorative Walking 2:00 Friday Pub Social 3:30 Garden Care 6:30 Board Games 7:00 Evening News</p>	29	<p>9:30 Morning Exercise 10:00 Tzu Chi 1:30 Restorative Walking 2:00 Bingo 3:30 Friendly Visits 6:00 Evening Piano 6:30 Movie & Popcorn <small>Yom Kippur</small></p>	30

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2017

Northcrest Care Centre

Camellia Court

<p>9:30 Morning Exercise 3 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games</p>	<p>9:30 Morning Exercise 4 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long</p> <p style="text-align: center;">Labor Day</p>	<p>9:30 Morning Exercise 5 10:15 Church Service 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games</p>	<p>9:30 Morning Exercise 6 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa</p>	<p>9:30 Morning Exercise 7 10:30 Sing-a-long 1:00 Outdoor Social 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games</p>	<p>9:30 Morning Exercise 8 10:30 Table Games 1:00 Friday Social 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along</p>	<p>9:30 Morning Exercise 9 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 10 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games</p> <p style="text-align: center;">Grandparents Day</p>
<p>9:30 Morning Exercise 11 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long</p>	<p>9:30 Morning Exercise 12 10:15 Church Service 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games</p>	<p>9:30 Morning Exercise 13 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa</p>	<p>9:30 Morning Exercise 14 10:30 Sing-a-long 1:00 Outdoor Social 1:30 Range of Motion/ Walking Club 3:00 Birthday Social with Peter 6:15 Table Games</p>	<p>9:30 Morning Exercise 15 10:30 Table Games 1:00 Friday Social 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along</p>	<p>9:30 Morning Exercise 16 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 17 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games</p>	
<p>9:30 Morning Exercise 18 10:30 Ball Toss 1:00 Sensory Games 1:30 Sikh Prayer 3:00 Table Games 6:15 Sing-a-long</p>	<p>9:30 Morning Exercise 19 10:15 Church Service 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games</p>	<p>9:30 Morning Exercise 20 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa</p>	<p>9:30 Morning Exercise 21 10:30 Sing-a-long 1:00 Outdoor Social 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games</p> <p style="text-align: center;">Rosh Hashanah</p>	<p>9:30 Morning Exercise 22 10:30 Table Games 1:00 Friday Social 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along</p> <p style="text-align: center;">Autumn Begins</p>	<p>9:30 Morning Exercise 23 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 24 10:30 Helping Hands 1:00 Afternoon Social 1:30 Range of Motion/ Walking Club 2:45 Church Service 6:15 Table Games</p>	
<p>9:30 Morning Exercise 25 10:00 Scenic Drive 1:00 Sensory Games 1:30 Sikh Prayer 3:00 6:15 Sing-a-long</p>	<p>9:30 Morning Exercise 26 10:15 Church Service 1:00 Active Game 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Table Games</p>	<p>9:30 Morning Exercise 27 10:30 Music with Jeff 1:00 Ball Toss 1:30 Restorative Walking 3:00 Social Hour 6:15 Evening Spa</p>	<p>9:30 Morning Exercise 28 10:30 Sing-a-long 1:00 Outdoor Social 1:30 Range of Motion/ Walking Club 3:00 Helping Hands 6:15 Table Games</p>	<p>9:30 Morning Exercise 29 10:30 Table Games 1:00 Friday Social 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along</p>	<p>9:30 Morning Exercise 30 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p> <p style="text-align: center;">Yom Kippur</p>	<p>9:30 Morning Exercise 1 10:30 Table Games 1:00 Friday Social 1:30 Range of Motion/ Walking Club 3:00 Snoezelan Therapy 6:15 Sing-along</p>	
<p>9:30 Morning Exercise 2 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 3 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 4 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 5 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 6 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 7 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	<p>9:30 Morning Exercise 8 10:30 Table Games 1:00 Snoezelan Therapy 1:30 Sing-a-long 3:00 Active Game 6:15 Evening Spa & Musical</p>	